**ASSOCIATION OF MEMBER DIRECTED PENSIONS SCHEMES - COOKIE POLICY**

Our website uses cookies to distinguish you from other users of our website. This helps us to provide you with a good experience when you browse our website and also allows us to improve our site.

A cookie is a small file of letters and numbers that we store on your browser or the hard drive of your computer if you agree. Cookies contain information that is transferred to your computer's hard drive.

The law states that we can store cookies on your device if they are strictly necessary for the operation of this site. For all other types of cookies we need your permission.

We use the following cookies:

* **Strictly necessary cookies**. These are cookies that are required for the operation of our website. They include, for example, cookies that enable page navigation and to allow you to log into secure areas of our website.
* **Analytical or performance cookies**. These allow us to recognise and count the number of visitors and to see how visitors move around our website when they are using it. This helps us to improve the way our website works, for example, by ensuring that users are finding what they are looking for easily.
* **Marketing cookies**. Marketing cookies are used to track visitors across the website. The intention is to display ads that are relevant and engaging for the individual user and thereby more valuable for publishers and third-party advertisers.

You can find more information about the individual cookies we use and the purposes for which we use them in the table below:

| **Cookie Title****Cookie Name** | **Provider** | **Purpose**  | **Expiry** | **Type** |
| --- | --- | --- | --- | --- |
| **Necessary Cookies** |
| \_grecaptcha | [Google](https://policies.google.com/privacy) | This cookie is used to distinguish between humans and bots. This is beneficial for the website, in order to make valid reports on the use of their website. | Persistent | HTML |
| CookieConsent | [Cookiebot](https://www.cookiebot.com/goto/privacy-policy/) | Stores the user's cookie consent state for the current domain | 1 year | HTTP |
| PHPSESSID | www.ampsonline.co.uk | Preserves user session state across page requests. | 1 day | HTTP |
| wordpress\_test\_cookie | www.ampsonline.co.uk | Used to check if the user's browser supports cookies. | Session | HTTP |
| \_GRECAPTCHA | [*Google*](https://policies.google.com/privacy) | This cookie is used to distinguish between humans and bots. This is beneficial for the website, in order to make valid reports on the use of their website. | 179 days | HTTP |
| CONSENT [x2] | [*Google*](https://policies.google.com/privacy)[*YouTube*](https://policies.google.com/privacy) | Used to detect if the visitor has accepted the marketing category in the cookie banner. This cookie is necessary for GDPR-compliance of the website. | 2 years | HTTP |
| rc::a | [*Google*](https://policies.google.com/privacy) | This cookie is used to distinguish between humans and bots. This is beneficial for the website, in order to make valid reports on the use of their website. | Persistent | HTML |
| rc::b | [*Google*](https://policies.google.com/privacy) | This cookie is used to distinguish between humans and bots. | Session | HTML |
| rc::c | [*Google*](https://policies.google.com/privacy) | This cookie is used to distinguish between humans and bots. | Session | HTML |
| \_\_cf\_bm | [*Vimeo*](https://vimeo.com/privacy) | This cookie is used to distinguish between humans and bots. This is beneficial for the website, in order to make valid reports on the use of their website. | 1 day | HTTP |
| rc::b | [*Google*](https://policies.google.com/privacy) | This cookie is used to distinguish between humans and bots. | Session | HTML |
| **Analytical or Performance Cookies** |
| \_ga | [*Google*](https://policies.google.com/privacy) | Registers a unique ID that is used to generate statistical data on how the visitor uses the website. | 399 days | HTTP |
| \_ga\_# | [*Google*](https://policies.google.com/privacy) | Used by Google Analytics to collect data on the number of times a user has visited the website as well as dates for the first and most recent visit. | 399 days | HTTP |
| \_gat | [*Google*](https://policies.google.com/privacy) | Used by Google Analytics to throttle request rate | 1 day | HTTP |
| \_gid | [*Google*](https://policies.google.com/privacy) | Registers a unique ID that is used to generate statistical data on how the visitor uses the website. | 1 day | HTTP |
| **Targeting Cookies** |
| VISITOR\_INFO1\_LIVE | [YouTube](https://policies.google.com/privacy) | Tries to estimate the users' bandwidth on pages with integrated YouTube videos. | 179 days | HTTP |
| YSC | [YouTube](https://policies.google.com/privacy) | Registers a unique ID to keep statistics of what videos from YouTube the user has seen. | Session | HTTP |
| ytidb::LAST\_RESULT\_ENTRY\_KEY | [YouTube](https://policies.google.com/privacy) | Stores the user's video player preferences using embedded YouTube video | Persistent | HTML |
| yt-remote-cast-available | [YouTube](https://policies.google.com/privacy) | Stores the user's video player preferences using embedded YouTube video | Session | HTML |
| yt-remote-cast-installed | [YouTube](https://policies.google.com/privacy) | Stores the user's video player preferences using embedded YouTube video | Session | HTML |
| yt-remote-connected-devices | [YouTube](https://policies.google.com/privacy) | Stores the user's video player preferences using embedded YouTube video | Persistent | HTML |
| yt-remote-device-id | [YouTube](https://policies.google.com/privacy) | Stores the user's video player preferences using embedded YouTube video | Persistent | HTML |
| yt-remote-fast-check-period | [YouTube](https://policies.google.com/privacy) | Stores the user's video player preferences using embedded YouTube video | Session | HTML |
| yt-remote-session-app | [YouTube](https://policies.google.com/privacy) | Stores the user's video player preferences using embedded YouTube video | Session | HTML |
| yt-remote-session-name | [YouTube](https://policies.google.com/privacy) | Stores the user's video player preferences using embedded YouTube video | Session | HTML |
| VISITOR\_INFO1\_LIVE | [YouTube](https://policies.google.com/privacy) | Tries to estimate the users' bandwidth on pages with integrated YouTube videos. | 179 days | HTTP |

We do not share the information collected by the cookies with any third parties. Sometimes we will link to third party websites from our own, or we will embed third party content on our pages. If you access this content, those third-party websites may also place cookies on your computer.

* However, if you use your browser settings to block all cookies (including essential cookies) you may not be able to access all or parts of our website.
* Your consent applies to the following domains: www.ampsonline.co.uk